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PLAYGROUNDS OF NEW ENGLAND

Seashore, Mountains and Peaceful Country Resorts Offer Varied Attractions to the Traveler

New England, particularly Southern New England, is the summer playground of the continent. An alluring seacoast, mountain grandeur, picturesque lakes in the hills, peaceful inland farming country—all these form remarkable contrasts within the limits of short journeys to "See America First."

Nearly every formation of seacoast is comprised in the north shore of Long Island Sound. There are beaches of the finest description—smooth, hard, gradually sloping sand shelves—ideal for bathing, as is the admirably tempered water. Sea-fishing is of the best. Ledgy heads and rocky islands vary the scenery, affording excellent harborage for the fleets of small sailing craft and motor-boats for which Long Island Sound and its contiguous waters are noted. On these heads and islets many summer homes have been built, the water often providing the highway and motor or row-boat being the family vehicle. Handsome residences and constantly growing cottage colonies and amusement resorts are characteristic of the territory, which stretches from the suburban shore sections of Westchester County, New York, to Narragansett Bay.

The Hoosac and Taconic Ranges, which constitute the Berkshire and Litchfield Hills, in western Massachusetts and Connecticut, have a softened, undulating beauty of their own. Splendid lakes and rivers diversify the scenery, adding good fishing, bathing, sailing, motor-boating and canoeing to the sports of golf, tennis and horseback-riding and the characteristic mountainland pastimes, tramping and climbing.

Some of the country's famous summer capitals of fashion and gaiety are in these hills, but here likewise are quiet mountain villages, of inexpressible charm, in whose seclusion the weary city toiler can find rest from the social as well as the business exactions of life, in the health-giving air that goes with high altitude.

New London—a maritime city, rich in quaint reminders of its historic past—is yearly the destination of vacationists equalling about half its regular population, who come attracted by the unsurpassed opportunities for enjoyment of life on, in and along the water that its splendid harbor, picturesque river and its location on Long Island Sound offer.

The Thames River—a broad, picturesque estuary, extending back for several miles between the high-crowned hills—is best known as the scene of the annual boat race between Harvard and Yale. Across the river-mouth from the city lies Eastern Point, in Groton, a cottage colony with handsome summer homes resembling those of Newport. Sumptuous hotel accommodations and excellent golf links add to the vacation charms of New London, which is one of the most accessible New England resorts.

Eight miles from New London, and reached by steamer from that city, is Fisher's Island, a popular summer suburb, with excellent harbors and beaches, where yachting, bathing, fishing, golf and tennis make the summer days pass pleasantly. The presence of Fort H. D. Wright, an army post, helps enliven the social life, and during a "war game" the naval manoeuvres often can be plainly seen.

Watch Hill, a series of hillocks upon a promontory thrust far out into Long

Island Sound, has exerted powerful attractions as a summer resort for more than three-score years. Occupying a commanding position in the extreme southwestern part of Rhode Island, its elevations afford magnificent views of Long Island and Block Island Sounds and the Atlantic Ocean. A white sand beach of gentle slope and magnificent proportions makes bathing here the most delightful of diversions. Here the athletic swimmer may test his skill breasting the breakers, while close by is Little Narragansett Bay, where children may splash in the warm, safe shallows.

Water sports of all kinds and excellent golf, are the special pastimes at Watch

Hill, a popular yacht club and exciting cup races in the summer keeping up a lively interest in the place.

Gamey tuna taken off Block Island have added greatly in the past few years to the fame of Block Island as a fishing resort—a reputation already enhanced by successful bluefishing excursions and sword-fishing cruises on which summer visitors often go. Block Island lies about ten miles due south of Point Judith, R. I., and is reached by steamer from Providence and Newport. It is delightfully cool in summer, being almost con-

tinually swept by the invigorating breezes from far out at sea.

Narragansett Bay is a veritable inland sea. Its picturesque headlands, indenting coves and ledgy island afford sites for innumerable summer cottage homes, its sheltered waters a cruising ground for almost innumerable yachts and power-boats. These waters are the habitat of a variety of gamey sea-fish, while the oysters, scallops and other forms of shell-fish native to Narragansett Bay are world famous.

The Rhode Island shore dinner originated in the region hereabout.

At Narragansett Pier, the magnificent beach, a broad, shelving strip of smooth sand, a mile or more in extent, is the center of gay life, splendid turf, but practically without undertow, is found at Narragansett, and the beach is singularly free from seaweed. At the bathing hour this beach presents an animated spectacle. Point Judith Country Club is a favorite rendezvous for the cottage colony, where polo and tennis tournaments annually attract visitors from all over the country.

The bay is literally hemmed in by quaint vacation colonies of peaceful beauty. Wickford, on the west side of the bay, is the oldest town in Rhode Island, celebrated for old-fashioned New England cooking.

East Greenwich, with its fine examples of colonial architecture, is situated on Greenwich Cove, which, with its fleet of yachts and motor-boats, presents one of the remarkable sights of the shore.

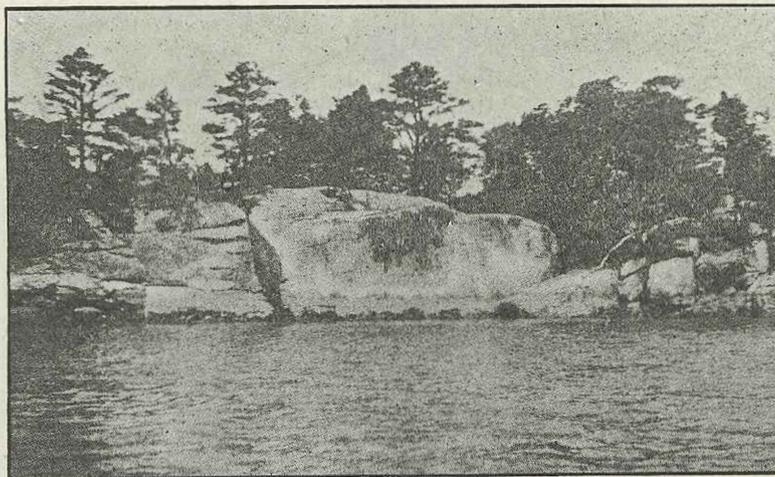
Providence, at the head of the bay, not only is a gateway to many restful places along the bayshore, but is itself rich in interest for vacationist and traveler. It is a junction point for travel to and from points on Cape Cod and about Buzzards Bay, and is also the eastern terminal for the Providence Line steamers from New York.

Bristol, on the east shore, where East Indianmen used to fit out, and where cup-defenders are built to-day, is one of the most beautiful and widely known of New England summer resorts.



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CAPTAIN KID'S ISLAND, THIMBLE ISLAND GROUP.

(Continued on page 23)

CONNECTICUT SUFFRAGE NEWS

By ANNA G. PORRITT

During the month of August, while Miss Catherine Flanagan is enjoying her well-earned vacation, Miss Mabel Washburn has volunteered to take her place at suffrage headquarters in Hartford. Miss Washburn is a member of the executive board of the Connecticut Woman Suffrage Association. She is consequently peculiarly well fitted to take the direction of affairs in Miss Flanagan's absence.

The central war work committee is being stimulated to greater exertion in regard to the conservation of food by the President's letter recommending as much canning as possible on the part of the women. In Connecticut, at any rate, the women had not waited for such recommendation from President Wilson. Canning began as soon as there were any products available for canning, and in all canning work the suffragists have had a prominent part. In many towns, community canning centers have been established through the exertions of the suffragists, and canning demonstrations have been held by a large proportion of the suffrage leagues. Canning seemed the form of patriotic service most easy to take up by the women, and while other forms of work have not been neglected, canning and preserving have gone on incessantly since rhubarb and asparagus first came into the market.

At suffrage headquarters in Hartford a large collection of jams and jellies has already been made in response to the appeal to contribute one jar for the wounded and convalescent soldiers and the victims of German raids in France. There was at once a generous response to the appeal, and the first batch is to be sent off within a very short time. Later in the season it is planned to make another appeal for canned products and other forms of food to supply a food sale for the benefit of suffrage war work.

The special food number of the *Woman Citizen*, which was announced for August 4th, has been postponed for another week, in order to cope with the vast mass of material that was offered for publication. It will form a most valuable addition to the literature of every housewife and would make a useful gift from suffragists to their unconverted friends. It can be ordered from suffrage headquarters in Hartford.

PLAYGROUNDS OF NEW ENGLAND.

(Continued from page 5)

Fall River, known far and wide as a textile manufacturing city, is situated most advantageously from a vacation point of view, its fresh water lakes and the attractive shore places within reach furnishing delightful places of summer abode, with every outdoor allurements. Beautiful Mount Hope Bay affords the best of sailing and fishing.

Newport, situated on the Island Aquidneck—"Isle of Peace" in the Indian tongue—close to the eastern side of the entrance of the bay, presents a brilliant picture of fashionable life during the vacation season. With two splendid beaches, bathing is one of the chief functions of the summer day, golf, motoring, driving, polo and yachting being characteristic amusements.

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